

Dear adoptive parents, dear supporters and friends of the Narovinu Center,

The summer is here, time of holidays, vacations, rest but also fun and festivals... We thank you for all the nice encounters at our events and we look forward to those that are still ahead of us this summer.

to our calendar on our website and Facebook.

And what will you find in this bulletin? A few updates, stories, and a summary of our current projects.

Again this year, we will be at the Safari park Dvůr Králové from the 29th to the 30th of July, and then we will close the summer in Ostrava at the Bezva fest on September 2nd. We keep adding new events

Thank you for your support and see you again soon!

On behalf of Narovinu Center

Simona Heřtusová

simona.hertusova@adopceafrika.cz



Supporting education makes a difference! Become one of the adoptive parents and support one specific child in Kenya on their journey towards education.

Faith Ndunge - at the beginning of her adoption in 2006 and now, when she finished her studies and got a diploma in Tourism and Hospitality - all thanks to the support of her adoptive parent.



Faith and her family live in the slum Soweto in Nairobi. Her dad works as a watchman and her mom sells seasonal products. Without financial aid, the girl would only be able to finish elementary school.

Supporting education makes a difference! Thank you to all adoptive parents for their support.

You can also support
the education of
children on the
Island of Hope in
Kenya through a QR
code, thank you!



QR Platba

Who makes up the Centrum Narovinu team?

We present our volunteers

Greetings to all good people who are willing to read the real stories of real children who were born into a not-so-ideal environment at a not-so-ideal time. Several dozen male and female volunteers are trying to provide basic support to these little people and give them a helping hand as they step into adult life - to put it in the words of the classics: "That is valued!"

My name is Marta Vašíčková and I recently retired, I am a pensioner- I don't really like that word, but it's the reality. I still work, but much less than before (I handed the company over to my children - let them try now). I have interests like anyone else - reading books is my passion, I really like poetry - Nezval and Mácha are my favourites. I'm neglecting sports a bit now, but I still like swimming, skiing and especially walking. I walk many kilometres a day with



our dog and I really enjoy walking. I first came across the Centrum Narovinu by chance on the Internet, and without hesitation I adopted a little girl named Polline. At that time, she was 8 years old and in the 3rd grade. Now she is already a young lady and attends the 2nd year of high school. We have been in written contact for more than 7 years and I keep my fingers crossed for her to successfully graduate and at least have hope for a better life than her grandmother, who takes care of her and her younger sister and to whom I take my hat off. As an adoptive parent, of course, I follow the Centrum Narovinu on social networks, so I did not hesitate when there was a request



Volunteers of the Centrum Narovinu in Kenya

to help sorting mails from children from Kenya, I immediately rushed. That's where it happened - I got an offer to become a volunteer coordinator in a lovely group of wonderful people. I hesitated for a while, but then I remembered a friend - a mountain climber, who had his favourite proverbs: "Where there's will, there's a way", so it was decided.

*The surface is always tilted towards the small and weak
They hold tight so they don't fall in half
Help them man, give them education
Let them finally live according to their will*

*They don't want pity and tears and repentance
Who gave them this guilt for life
They have their desires and loves and creeds
The Narovinu Centre helps.*

I really enjoy poems and I write them for all my friends, for example for their birthdays, so I also made one for the Centrum Narovinu.



From the May meeting with our volunteers in the Czech Republic



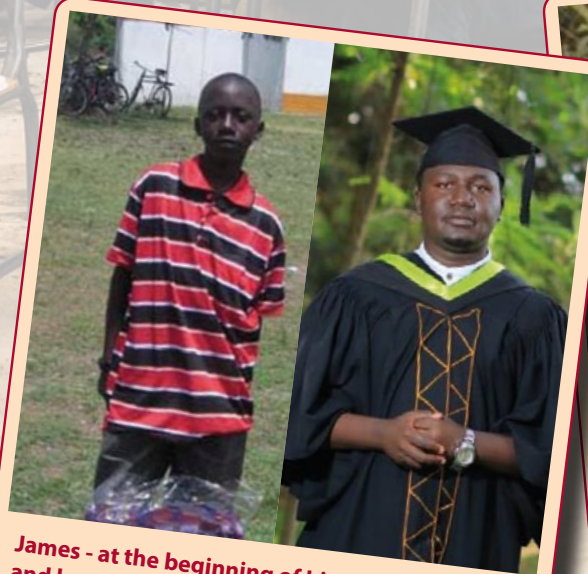
Maureen - at the beginning of her adoption in 2002 and last year, when she finished a degree in Journalism at the Technical University of Kenya.



Olivia - at the beginning of her adoption in 2004 and this year, when she finished a degree in Special Pedagogy at the Mason University.

Supporting education makes a difference!

Adoption of African children - the project of long-distance support is much more than just economic aid. It creates a bond of solidarity, mutual understanding and affection among various cultures.



James - at the beginning of his adoption in 2009 and last year, when he finished a degree in Pharmacy at the Kenyatta University.



Presslyne - at the beginning of her adoption in 2004 and last year, when she finished a degree in Pedagogy at the Kenyatta University.

The story of Pamela from the Island of Hope

I am Pamela Achieng Otieno where the names means the following:-

Pamella is an English Name while Achieng, means I was born between 11.00 am to 2.00 pm and Otieno is the name of my husband meaning he was born in the night hours. I live/stays in an Island called Rusinga where we do peasant farming and fishing. I come from Luo tribe where we do name people according to Time, Place and seasons one is born.



I'm married in the same Island and at present have four children and two granddaughters. Because my husband could not manage to take care of us/the family due to he usually drinks illicit brew and the little he was earning, he always used to buy the liquor/illicit brew. I was forced to start going fishing in order to feed and care for my family. Fishing was not an easy task because;

- 1. I had to spend both day and night at the lake fishing in order to care for my family.
- 2. I had to make love with fishermen in or-



der to get fish because if you don't do this you don't get fish and this is very risky because you can end up getting;

- 1. Sexually Transmitted Diseases [S.T.I's]
- 2. A.I.D's

The marriage customary was traditional; my husband had to take two cows to my home as dowry to make the marriage official according to Luo customs. Once the husband has taken the dowry, it's now not easy to separate/divorce him even if he is mistreating you.

Since before, ladies could not talk over most of the issues in the family/giving her opinion over family matters. It's this time that ladies are coming up to talk and at the moment I can also give my opinion in the family.

Even though ladies are coming up there are areas where ladies are successful and still men are on top. I would like ladies to be given chance to lead as men because for time men have leading and fails. That's why there is a saying stating that:-"BEHIND EVERYSUCCESSFUL MAN, THERE IS A WOMAN"



Today Pamela works in Hope of Island. He is in charge of the kitchen, where 500 children are cooked daily.



The fair shop supports the education of the children of Ostrova Naděje

Report from the Fair Trade 2022

Last year (2022) was more than good in terms of sales in our shop. Total sales reached 428 thousand CZK. Compared to other years, only 2017 was more successful with sales of almost 450 thousand CZK (we have been operating the store since



2016). We are very happy that after two years, when many events were cancelled, we were able to visit schools, markets, fairs, festivals and many other places again, where we hoped to please you with the offer of our goods. There were approximately thirty of these events last year, the majority during November and December. Our colleague Simča sometimes dealt with several events at the same time. Therefore, we thank all the volunteers who help us to make these sales. Many items will also be sold in our affiliated schools and cafés as part of



commission sales. Last year 17 institutions participated in this way and a total of 95,000 CZK of goods was sold. Thank you!

We try to import new goods into our shop, such as talc cats, candlesticks, wicker baskets, Maasai figurines or jewellery. However, our evergreens such as hippos, elephants, bowls or coffee and tea are still popular. Elephants (660 pcs) and hippos (636 pcs) sold the most last year. 110 kg of coffee were sold (22 kg more than in 2021) and approximately 40 kg of tea (3 kg more than in 2021).

We would also like to thank the students from the University of Ostrava who helped us to bring these goods from the Kenyan office to the Prague office when they returned from their volunteer internships on Rusinga. And above all, we thank you, our supporters, who buy goods from Kenya with us. You bring joy several times over – to the producers in Kenya, who will be properly paid for their work, to the children in our community centre on Rusinga Island, whom we support with the proceeds from the shop, to the gift recipients – if you buy the goods as a gift, and last but not least, certainly to yourself, because you are doing the right thing!

Petra Augustová



Adoption Friends Club

From the account of the Friends of Adoption Club, we supported a total of 15 children during the 2nd school term of 2023. These pupils have lost the support of their previous "adoptive parents" or are still waiting for their "first adoptive parent". We are very happy that we could be a support for them. The amount of CZK 84,000 that was used includes contributions that were credited to our account of the Adoption Friends Club, as well as overpayments from "adoptive parents" after their adoption was completed.

We greatly appreciate these funds and are grateful for your support. I would like to take this opportunity to express a big thank you to everyone who donated to the Adoption Friends Club.



the family's basic needs. Vincent and his family live in a modest mud house with limited resources such as lake water,

cooking over a fire and a kerosene lamp. Vincent is interested in mathematics, Swahili and English and likes to play football. He is now in the 6th grade of elementary school and was placed in an orphanage at the Ostrov Naděje Community Center. Vincent needs financial support in the amount of 5,600 CZK/220 EUR per trimester, which would cover the costs of his studies, accommodation, upbringing and food in the orphanage. If you would like to adopt Vincent into your family, do not hesitate to contact the coordinator Hana by e-mail: hana.malenova@adopceafrika.cz or by phone at +420777469743.

Robinson (41320) comes from a family of farmers who earn by selling part of their crops. Robinson lives in a house inherited from his ancestors, where he cooks on a fire, lights with kerosene and carries water from a well. He is currently attending Year 3 at the Island of Hope Humanist Mixed Boarding School, located on the Island of Hope. This school provides a respectful and non-violent environment where critical thinking, freedom of expression and democratic decision-making are encouraged. Students are encouraged to be independent and responsible. Robinson currently needs financial support in the amount of 5,600 CZK/220 EUR per trimester. If you are interested in helping him, you can contact the coordinator Martina at martina.vesekova@adopceafrika.cz or by phone at +421907141633.



Hana Jodasová

Today I will introduce you to two boys for whom we are looking for new adoptive parents.

Vincent (52783) is a boy who has gone through many hardships. After the death of his parents, he found himself in the care of his sick grandfather, who takes care of him and his five siblings. The grandfather works as a farmer, but his income is so small that it barely covers

Donate Education

Write the message

DMS TRV OSTROVNADEJE 30
DMS TRV OSTROVNADEJE 60
DMS TRV OSTROVNADEJE 90

to the number **87 777**

The SMS price is 30, 60 or 90 CZK, the recipient of your help will receive 29, 59 or 89 CZK. We will receive the amount monthly until you decide to cancel the order.
www.darcovskasms.cz

Write the message

DMS OSTROVNADEJE 30
DMS OSTROVNADEJE 60
DMS OSTROVNADEJE 90

to the number **87 777**

You will support our project on the one-time basis. Permanent SMS will not burden your budget and it will better allow us to achieve our long-term goals.
www.darcovskasms.cz



Health insurance as a part of the program of long-distance adoption



Visiting a doctor when struggling with health problems has become a norm for us. However, the Kenyans are not as lucky. Often, they are not able to go to the doctor's for the sole reason of not having enough money to cover the medical examination and medicine. For the past 14 years, Centre Narovinu has made it possible for adoptive parents to buy health insurance for the children (and their family members) in the program of long-distance adoption. The insurance is valid from 1. 6. 2023 to 31. 5. 2024 if you purchase it in the first phase.

The second phase covers the period from 1. 8. 2023 to 31. 5. 2024. In the past

year (2022/2023) we provided health insurance for 653 children and family members (including siblings, children, parents and grandparents). There have been many cases when the health insurance made a difference. The cases varied from eye problems, cavities, broken wrist, snake bite, to anemie, malaria, gastric ulcer, typhus or dysentery caused by drinking contaminated water. We really appreciate your help and we hope that you will continue with your support. You can find detailed information about the health insurance program on our website.

Eva Jedličková
www.centrumnarovinu.cz

Extra payments in 2022 What did the children buy?



Category	Number of extra payments 2022
Round	14
Clothes/shoes	1
Electronics	13
Support in general	86
Health	5
Others	48
School - tuition fee supplement	2
School others	31
Until the beginning of	7



Africa through unusual eyes program in schools



Do you want to deepen pupils' awareness of development cooperation? Raise awareness about effective help and support for children in Kenya? Give room for partnership and establishing contact? Do you want to lead students to think critically? Let them inspire each other, exchange letters, photos and experiences about everyday life? Do you want

to get involved in a specific project or organize a one-off event, a collection of sports or teaching aids? Or start making teaching aids yourself? About all of this, the program Africa with unusual eyes for schools.

"Tertiary and fourth-year students had a lecture in our school library about the activities of the Narovinu Center, which has been financially helping children in Africa for 20 years, namely in the Adoption of African Children program. The money provides them with the opportunity for education and health care. The lecture was led by Mrs. Simona Heřtusová, one of the co-founders of the project. We heard interesting things about the life of children in Kenya, about their lifestyle, about the conditions in which they live in the city or in the countryside. Everything was supplemented with photos and short

videos. After the talk, a small shop was set up with items that were handmade in Africa. The money they earn from the sale is reinvested in the project. We all really liked the talk," Zuzana Wünschová, Tercie, Gymnázium and SOŠ Rokycany. We have been implementing educational programs in schools since 2003 and have prepared variants for children



in kindergartens up to high school students. The program can be an hour long, supplemented by screenings and talks about life in Kenya and development projects, up to a full-day project full of African-themed workshops.

We are looking forward to meet you at your school.

Simona Heřtusová Contact: simona.hertusova@adopceafrica.cz,
mobile 608 301 270

