

**Dear adoptive parents, dear supporters and friends of the Narovinu Center,**

We welcome you to the first printed newsletter of this year and once again thank you all very much for your cooperation and



wish you a happy New Year! What will you find in this issue? We are sharing some information about the Distance Adoption project, which provides children not only with regular

school attendance, but also adoptive parents can contribute to their health insurance as a part of the project and support their families in need, for example by buying food or buying gifts for the children that they will use in teaching or sports activities... We also have many schools amongst the adoptive parents - you can find a contribution from one of them on the last page. We also present an article by a student who was on an internship on the Island of Hope last year, and this experience inspired her to further volunteer. Thank you that we are able to share such beautiful stories together.

On behalf of Narovinu Center

**Simona Heřtusová**

simona.hertusova@adopceafrika.cz

## Friends of Adoption Club

From the account of the Friends of Adoption Club, we supported a total of 12 children during the 1st school term of 2024. These pupils have lost the support of their previous adoptive parents or are still waiting for their first "adoptive parent". We are very happy that thanks to you we could support them. The amount of CZK 89,600 + EUR 220 that was used, included contributions that came from you to the account of the Adoption Friends Club, as well as overpayments from adoptive parents that they donated to us after the end of their adoption. We greatly appreciate these funds and are grateful for your support. I would like to express a big thank you to everyone who contributed to the Adoption Friends Club.

*Hana Jodasová*



**Let's help Michael from Rusinga Island get a high school education.** Michael Reziga Okinyi (52104) was born on June 8th, 2008. He is looking for a new adoptive parent and the opportunity to get a secondary school education. Michael comes from a modest background, he grew up with three siblings - Terry, Phil and Sharon. The family has a monthly income of approximately 6,000 KSH (approx. 1,200 CZK), lives in three rooms, cooks on the fire and lights with kerosene. The source of water for the family is Lake Victoria. Michael suffers from anaemia, which represents another challenge in his life. In January 2024, he started the 3rd year at Island of Hope Humanist Secondary School, his support is 5,600 CZK/220 EUR per school period (which means 16,800 CZK/660 EUR for the whole school

year). The Island of Hope provides a unique environment where critical thinking, freedom of expression and democratic decision-making are connected. Students are encouraged to actively participate in the creation of the school rules and the development of their opinions. For Michael, the boarding environment could be beneficial. Thanks to this, he would have the opportunity to fully concentrate on his studies and at the same time his personality could develop further. Support in this field of education could mean a fundamental change in his life and also an opportunity for a better future. If you are interested in supporting Michael, you can contact the coordinator Lucie by e-mail: lucie.strnadova@adopceafrika.cz or by phone at +420725364361. Any help is welcome and could mean a turning point in this boy's life. Thank you for your kindness and support

### Friends of Adoption Club

**Do you like the project of supporting children's education in Kenya, but your current situation does not allow you to adopt any of the children remotely?**

**Would you still like to support them financially?**

**Support the Adoption Friends Club!**

**You can send a one-time amount, or send regular or irregular amounts throughout the year. The collection account number is 107-6829480277/0100, Prague 5.**

**The variable symbol of the Friends Club is 800.**

**Thank you in advance for supporting the education of children in Kenya.**



## Health insurance has been helping for 15 years

We have completed the first 8 months of health insurance for the period 2023/2024. 634 children and 29 of their relatives have been insured, a total of 663 people. What problems did children and adults most often seek medical treatment for from June 2023 to January 2024? The most common were upper respiratory tract inflammation (pneumonia in some cases), urinary tract inflammation, malaria, stomach ulcers and also tooth decay.

The malaria season started in January, especially in areas around Lake Victoria, and so these cases have now increased the most. Symptoms of malaria include fever, chills, vomiting

and fatigue. In severe cases, malaria can lead to anaemia and death. It is transmitted by the female Anophales mosquito, so every bed in our school on Hope Island is fitted with a mosquito net. Thank you for paying for the children's health insurance, it is the greatest gift to them. We will let you know about insurance for 2024/2025 during May. Lenka Čumpelíková

You can also support the purchase of mosquito nets by purchasing a gift certificate here: [www.centrumnarovinu.cz/ferovy-obchudek](http://www.centrumnarovinu.cz/ferovy-obchudek)

Lenka Čumpelíková

You can also support the purchase of mosquito nets by purchasing a gift certificate here: [www.centrumnarovinu.cz/ferovy-obchudek](http://www.centrumnarovinu.cz/ferovy-obchudek)

Dárkový poukaz pro dítě v Keni

### MOSKYTIÉRA

v hodnotě **100,- Kč**

Moskytiéra je základní prevencí malárie, která je v oblasti Viktoriina jezera velkým problémem. Všechny děti v sirotčinci proto spí pod moskytiérou a je dbáno na to, aby byly moskytiéry řádně impregnované, neděravé a plnily svou funkci.

Příspěvek pomáhá dětem v sirotčinci Ostrov Naděje na Rusinga Island v Keni.

[www.adopceafrika.cz](http://www.adopceafrika.cz)



## Pošli to dál!

### DARUJ NADEŽI

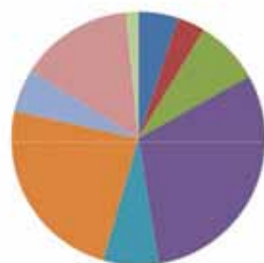
Na Rusinga Island tvoří děti do 15 let 50% populace a mnoho z nich jsou úplní sirotci. S vaší pomocí jim dáváme nový domov.

V programu Daruj naději daruješ potřebné věci dětem v komunitním centru Ostrov Naděje na Rusinga Island v Keni.

**Projekt Ostrov Naděje**

## Extra payments 2023 to children in the Adoption Programme

Category	Number of extra payments 2023	Total amount paid CZK	Share in %
Bike	13	73 900	7,08%
Clothes/shoes	9	17 400	1,67%
Electronics	21	133 200	12,76%
General support	78	201 847	19,34%
Health	18	95 655	9,17%
Other	61	252 125	24,16%
School - tuition surcharge	14	128 971	12,36%
School - other	37	121 860	11,68%
For a start (after graduation)	4	18 600	1,78%
<b>Total</b>	<b>255</b>	<b>1 043 558</b>	<b>100,00%</b>



- Kolo
- Oblečení/boty
- Elektronika
- Podpora obecně
- Zdraví
- Ostatní
- Škola - doplatek školné
- Škola - ostatní
- Do začátku (po ukončení školy)

Podíl počtu plateb za rok



## A month full of unforgettable experiences

I spent the whole of September 2023 as a volunteer on the Island of Hope, where I had the opportunity to travel thanks to the OU-Aid program, which allows students of the University of Ostrava to visit third world countries, in my case Kenya, through the partner organization Centrum Narovinu. At the beginning, I was a little worried about such a long and far journey, but these were immediately dispelled after arriving at the Island of Hope. The whole stay was absolutely perfect! To clarify, I spent all my time with children from the orphanage and high school, and in my free time I attended kindergarten, elementary and high school classes and went to observe work at the local clinic. I also went on trips around the area a few times. However, I liked being with the local children from the orphanage the most.



They always filled me with a huge amount of energy and I dare say that we were ever bored together. I had come up with various activities that the children and I could do together. We had a lot to make, create, paint, draw or play sports games. However, after mapping the situation, I had to reevaluate and adjust my plans so that everyone was satisfied.

Children in Kenya are not used to any guided activities. It is no different in the orphanage, mainly due to the low level of staff or the number of children. The children were very communicative, always smiling and playful. So are local people and project staff. I always felt very comfortable with everyone, they helped me with everything and together we shared the diversity of our countries.

The whole stay left me with mainly positive impressions. I have beautiful memories and experiences that, I dare say, I will never forget. Getting to know such a materially poor world was a great benefit for me, as well as finding out that really little is enough to be happy and satisfied. I loved the moments when I could observe and experience with the locals their commitment, interest, energy and great gratitude for everything they receive thanks to this project (little things for us, big things for them). I came away from my stay so excited that I could not end my journey with this organization and these people only after a month's stay with them. With Terka, with whom I spent the entire stay (even though she helped



out at the clinic), we decided that we wanted to share our experiences with the public. Therefore, we organized several lectures (for the public, schools, diagnostic institute...) where we presented the Centrum Narovinu, the entire project in Kenya, and talked about the experiences of our stay.

We couldn't keep all the beauty to ourselves and we intend to continue with the lectures, which are still in demand. After my return, my family and I were researching more information regarding Distance Adoption. I transferred my enthusiasm mainly to my mother. Together with our friend and grandmother, we decided to help a boy from a local orphanage, with whom I spent quite a lot of time, in his educational journey, and we became his "adoptive family". In addition, I wanted to give a helping hand directly to the organization Centrum Narovinu and decided to become a volunteer coordinator of the just-mentioned Distance Adoption. I am very glad that I had the opportunity to devote a little of my time to this project, and I firmly hope that I will be able to return to Rusinga Island one day.

Tereza Hovadíková





# Hostýnská Primary School: Christmas fair to support Elijah's education

The pupils of the Hostýnská Primary School in co-operation with their teachers traditionally prepared a Christmas Fair on 13 December. This event took place right in the school and was open to the public. The pupils prepared various Christmas decorations and products, which were priced and then sold. During the fair there was also a fundraiser for the school fees of Elijah, a pupil whom the school has long supported through the Centrum Narovinu - there was a separate stall at the fair where anyone could make a donation. In addition to promotional materials, everyone could see the letters Elijah sends to the school, along with his photos. Most of the classes and departments in the school also participated in the fundraiser, with students contributing some or all of the money they earned.

*Jana Mechová, Hostýnská Primary School*



**THANK YOU**

**HOSTYNSKÁ Primary School,**  
which has been supporting Elijah  
**Kyum Kimweli's** education since 2007.

Thanks to your support, he has graduated from primary and secondary school and is now studying at the University of Nairobi.

