

Dear adoptive parents, dear fans and friends of Center Narovinu,

Greetings at the beginning of summer...Are you looking forward to summer, holidays and new gatherings? Certainly yes,



African Festival, 8th - 14th July, ZOO Dvůr Králové nad Labem

and if you have a moment, read what is new with us :) Or stop by ZOO Dvůr Králové from 8th to 14th of July, where the African Festival will take place...We will be there with our Fair Trade shop and African workshops for the whole week.

In this issue we introduce other volunteers from the Czech Republic and Kenya, as well as our new colleague Alex. We bring the experience of our adoptive mother who visited her adopted children in Kenya in March, as well as few references from our partnering schools

Beautiful Summer Days.

From Center Narovinu **Simona Heřtusová**
simona.hertusova@adopceafrika.cz

We are looking for new coordinators for project of Long Distance Adoption



Are you interested in Africa and development projects supporting education? Do you have 1 or 2 free hours per week? And can you devote them to volunteering from home?

We are looking for you then :)

If you are interested, contact us at info@centrum-narovinu.cz and we will send you all necessary information by the end of this summer...

Thank you and we are looking forward to new meetings and cooperation.

Your Center Narovinu



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Who is in the team of Center Narovinu?

We would like to introduce our volunteers in Kenya and Czech Republic



My Name is Dorice Auma Ndege. I work as a volunteer coordinator with Centrum Narovinu in Mombasa.

I have a great passion of supporting young children who find difficult to access food, shelter, clothing, Education and medical attention due to different reason such as poverty or death. A part from my work as a volunteer coordinator I also engage in small scale business that enables me carter for my family needs.

I would like to thank Dana, Simona, the Whole Czech team and adoptive parents as well as Ken, the Director of Centrum Narovinu in Kenya, Nairobi office, all coordinators, the parents and guardians of the children, not forgetting my family too for the love and co-operation they always show to me. It's through their efforts that my work is successful.



My name is Christine Juma, I have been working in Centrum Narovinu as a volunteer since 2009. I coordinate children in Nairobi, Dagoret Sub-Conty where I live. I like working with children from different backgrounds, needy, orphans and those from humble families. I like it when childrens from these families are supported to Education and becomes responsible members of their family, Community, Nation and the World at large. I also work as a Community Health Volunteer in my Community to uplift health standard of my people by visiting and educating them on the importance of health. I also refer the sick to our Public Health facilities, supply family planning commodities, counseling etc.

I love my work so much and I believe one day our voices will be heard and the name will change from community health volunteer to community health worker as promised by our Kenyan leaders.



Hello, my name is Petra Zubíková. I live in a small village near Uherské Hradiště. I have been connected with Centre Narovinu since 2007 when we adopted Kenyan boy, whom we still support, and who is already a high school student preparing for his future profession. Because I wanted to learn more about children in Kenya and ways how to support

them, I became a volunteer coordinator of adoption in the following year. Collaboration with adoptive parents and their kind mails recharge me. Such support of education seems meaningful to me. Meeting twice a year with other coordinators and colleagues from the office I always enjoy and perceive as an inspiration.

I have two teenage daughters at home and in 2017 our family

grew by a two-year-old boy we have in long-term foster care. I'm trying to combine work in administration, family and my 4 children, volunteering and hobbies. Much time for hobbies is not left. But every summer we set out to explore the beauties of Bohemia and Slovakia on bikes or on foot. We walk the neighbourhood with our dogs, and if I have time in the evening, I like reading books. When I'm too busy I like to relax at my bees where I enjoy the peace and just watch how they fly around the hive and listen to their buzzing. I do activities that I enjoy and that fulfill me... the time spent like this is priceless.



Hi everyone, my name is Michaela Krakówka and I am a volunteer coordinator of the Centre Narovinu. I joined the Centre Narovinu about a year and a half ago when I decided to help others and invest my free time in something good. I'm so glad I did it because this work fills me up and I enjoy it a lot. Apart from volunteering, I also enjoy gardening, new passion I have fallen for. But I wouldn't want to forget other hobbies either, namely reading books, playing the piano, traveling and learning about other cultures. That is one of other reasons why

I decided to help the Centre Narovinu – it is focused on Kenya. Kenya is a matter of heart for me, and when I see the stories of the children who have finished their studies and have better chances in life, I know that what we are doing here makes sense and I'm very happy to be part of it.



Hello, my name is Bohuslava Dusíková, I'm from a small town in west Bohemia and I have been teaching at the local primary school for 14 years. In 2007, our school decided to adopt a child in Africa, and it happened by chance that we have chosen the Centre Narovinu. The choice was definitely lucky one! Since then we have been supporting the girl Muthina, who is a

high school student today. And since then I have been following the activities of the Centre Narovinu...

When there was an opportunity, I took part in discussions with Kenyan adoption coordinators in Prague or teachers from school on the Island of Hope. Most of the time I went with some of our school students, so that Czech children get an idea of what the school looks like at the other end of the world... But I was increasingly interested in it also individually. I was meeting people connected to the Centre Narovinu, and I started to participate in the various activities of the Centre. I have been also considering the idea of becoming a volunteer coordinator for a long time. I became coordinator this year in January. I have been over the years through the project of long distance adoption gradually supporting three children. In 2016 and 2018 I managed to visit Kenya and see everything with my own eyes. Meeting with adopted children was definitely worth it!

Perhaps it is related to my work that the issue of distance adoption and access to education seems interesting and also very important to me. It started as a coincidence, but I am very glad that I can be part of it all.



Greetings to all adoptive parents and friends of Centre Narovinu. **My name is Helena Havlišová** and I have known Centre Narovinu since 2008. We wanted with my husband to try long distance adoption and we were looking for an organization that was transparent and where we would not only contribute a certain amount for studies of an anonymous child, but where we would have regular feedback in the form of letters, information on study results, health status. I found Centre Narovinu, thanks to which we accepted into our family another member at least remotely, and because we have two daughters, we chose a boy named Hillary.

A few years later, I decided to get involved more in the organization and I become one of the coordinators of long distance adoption project myself. Later we adopted also Hillary's younger sister Faith.

I then visited both children during my trip to Kenya in 2014. Even though we didn't have much time, it was for me and I believe that even for "our" children, a really strong experience and to this day I think back to the meeting with love. Hillary is now an adult man, has completed high school and found himself a girl. I believe our support has given him a good foundation for life. In Centre Narovinu, as coordinator of adoptions, I am in charge of part of the adopted children database and I deal with their adoptive parents regarding everything concerning school fees, mail, health reports etc. Twice a year I meet other coordinators at the weekend workshops where we exchange our experience and learn what is new in projects in Kenya.

Introducing new support for our Prague office

My name is Alexandra Yaklyushyna and I come from Ukraine. I have been living in the Czech Republic for 10 years already. Currently, I am studying Public and social politics (master course) at Charles University. I have been working as part-time project manager even during my bachelor studies. Well, one day in the morning on my way to the office I realized the only thing I want to do is to help Africa and other developing countries. I found an advertisement of Narovinu center and I immediately contacted them. My first day in the office was at the end of November 2018. I am very grateful to my colleagues from the office for their trust, support and chance still to attend my classes on daily basis and leave the office for my exams as well. Even my master thesis shall be dedicated to our organization.



And from my privacy? I come from Vysočina, but we have lived in Brno for a long time, where we both studied with my husband, I studied organic chemistry. Then we moved to the village not far from Brno. We have two amazing daughters, both of them already adult. I like music, I try to play the guitar, I go to art club, practice yoga and pilates. I'm still trying to learn English and Spanish, I love mountains and hiking. I like spending time with my family and friends with a glass of good wine.



Hello, my name is Lucie Valtová and I am a volunteer coordinator of long-distance adoption at Centre Narovinu. I come from the Liberec region, but I have been living with my husband for twelve years in Žebrák. We have three children - an eight-year-old son, a five-year-old son and three-year-old daughter. I work as a cartographer. I like spending my free time with my family, traveling, hiking, working in the garden, enjoy swimming or cycling, skiing in winter.

My collaboration with the Centre Narovinu began in late 2003 when I adopted a baby girl from Kenya. From the beginning, I really like enthusiasm and admirable effort they put into development and implementation of their projects in the Centre Narovinu. And also how consistently in their planning they make sure that local people actively participated, taking over their share of responsibility and that they just do not passively accept assistance from Europe. Because at that time I was studying in Prague and had quite a lot of free time, I started to help at the Centre with the long distance adoption project, which has just experienced its boom, and has become a coordinator. In 2006 I visited Kenya, met my adoptive daughter and saw how the adoption works on Kenyan side. I was convinced that it was of great importance, because it was not just a chance to get an education and so a better future for the individual children who are in the program, but it also affects their entire families and the wider community. I'm glad to be part of this beautiful and meaningful project.

What do I do in the office? I take care of 'transitioning' the questions from adoptive parents to Kenya and back from our Nairobi office and from our Kenya coordinators through Czech coordinators to you, adoptive parents. I am also responsible for studies and life situations of children, extra payments, health insurance cases and of course the part that you look forward to most - letters, photos and school reports from your children.

I am motivated by the fact there are real lives of children behind all this administrative work. I like learning new things and try to be better at what I do all the time. At the moment, I started painting again and take ukulele classes. I am interested in politics, art, ecology and many other things. I am very grateful I have many great, inspiring and supporting people around me. I believe that one person can actually change things for better and if there is more of them, great things do happen.

We are introducing a team of Island of Hope in Czech republic and in Slovakia

History of the Island of Hope

In 2003, Dana Feminová visited Rusinga Island. At the very beginning of the Island of Hope project there was a dream that she shared with the local volunteers from the Humanist Movement and a small mud cottage, provided by the community. In this very cottage, thanks to the work of volunteers which has been absolutely essential and invaluable throughout the whole project, the first humanist nursery school for about 20 children was established.

The first money for the Island of Hope project came from small private donors and they were used to buy necessary material. The first construction was made by self-help. An educational centre with a canteen and two sleeping wards for the children and staff were built first.

2003 The idea and the common dream of the founders of the



2003



2017

centre are born, a nursery school for 20 children, run by volunteers, is established in a mud cottage provided by the local community

2005 construction work is launched on a donated piece of land

2006 nursery school moves into a new building of the educational centre

2008 first 28 children are accommodated in the orphanage

2009 primary school starts its education in a new building, another 12 children find their home in the orphanage

2010 new health centre is opened

2011 a new nursery school building and a house for accommodating doctors and volunteers are finished, first fish breeding pond is established

2012 a new girls' sleeping ward in the orphanage with the capacity of 40 beds is finished, the second fish breeding pond is established

2013 another 32 children are accommodated in the orphanage, an irrigation system for vegetable garden plots is constructed, a tractor is purchased and 8 hectares of land outside the premises are leased, first seminar for teachers takes place, and 17 8th grade students pass their final exams and leave for boarding high schools

2014 8 new children are accommodated in the orphanage, 60 fruit trees are planted, poultry farm with 400 hens is established, and an adjoining plot is purchased for the construction of a volleyball and a basketball court, the damaged canteen building is dismantled and the construction of a new computer lab and library is launched

Join you too! More information:
dana.feminova@adopceafrika.cz



2015 the maximum capacity of the orphanage is filled – currently, there are 70 orphans living here (40 girls and 30 boys), on the adjoining plot starts the construction of a boarding high school, a specialized seminar for teachers takes place, cage fish farming is launched and a craft workshop for making soapstone products is constructed

2016 The Phase I of the construction was finished: 2 buildings of dormitory for girls with 8 rooms, toilets and

bathrooms, 2 buildings of dormitory for boys with 8 rooms, toilets and bathrooms, 1 school building with 2 classrooms and lab for physics, chemistry and biology; The lessons for the first grade with 31 students and 6 teachers started in February; The construction of the new kitchen with canteen for more than 500 boarders of the Hope Island was initiated; New IT room and library with donated computers and books from collection organized in the Czech Republic was opened; New playground for the kindergarten and orphanage was opened

2017 The construction of boarding high school and of new kitchen with dining hall for 500 children were finished

2018 In January the ceremonial opening of the completed high school took place; We upgraded Fish fading and sold 15 tonnes of fish.



The project has been significantly and in the long term supported by the official development cooperation of Slovakia as a part of the SlovakAid project.

Hello to all supporters and friends of Centrum Narovinu. **My name is Monika Hubičková**, I am 27 years old and I am a volunteer a little bit more than 5 years. I like travelling and meeting new cultures, literature, nature and work with children. Thanks to my studies, I got a chance to travel a lot and I found out that



not all people can live a nice life as me, that there are countries with huge social differences. When I came back to Europe I decided to adopt 13 years old girl Trazy from Ostrov Naděje in order to help to change her destiny. I believe that the education is the most important. I started to help to coordinate a collection of books and schools supplies for newly opened library at Ostrov Naděje. I got involved in different projects as a volunteer, I helped to sell products from Kenya during Christmas fairs. I promoted the organisation between my acquaintances and colleagues. I also participated on preparation of sex education seminar, which we have launched with Dana Femin, CEO of Centrum Narovinu, in September 2018 directly in Ostrov Naděje in Kenya. A stay in Kenya was an incredible experience for me. Be with kids on island, their enthusiasm and happiness from the little they have - it was indescribable. Personal meeting with Trazy, after 4 years of correspondence, has deeply moved me and I am deeply grateful for that. I know that I was not in Kenya for the last time.

A lot of happiness and determination to all who support Centrum Narovinu. It worths!

My name is Marie Langova, I come from Opava and I started to work as doctor in Brno after I had finished my studies. I work as paliatr in hospice in Brno. I spent half a year with my colleagues Zuzana Klečková on Rusinga Island in 2010. Health center was built there in that time. We helped to set up the run of the clinic and cooperation with surrounding state institutions and local hospital.



I am happy from the fact that the health center is still developing. There are ambulance, laboratory, small maternity department and few beds for short term hospitalisation today. The whole service is done by local people and all are led by reliable Chris Ninah. Nowadays, we cooperate remotely. We help with consultations of different cases, help ordering drugs and medical supplies, launch new services and follow up of those already running.

I like work in garden and travel to nature where I always relax.

Hello, my name is Zuzana Klečková Fajkusová. I am doctor, I work 2 days a week at children general practitioner ambulance. I have two kids, Magdalena (3,5y) and Julie (2y) with whom I spend the rest of my time.

We cooperate with Centrum Narovinu together with Dr Marie Langova already few years. We helped to train local personnel and run the clinic at the beginning of the health center project on Rusinga Island in Kenya. We cooperate with Kenyan medics remotely now. We manage mainly drugs and medical supplies orders and we go through medical reports which are shared with us.



I am very happy that Rusinga Island project works well, develops and that education and health care are available for all people there. It is the only way how to influence the biggest issues of the region AIDS, unemployment and population explosion.



Miriam Lišková is architect. She cooperates with Centrum Narovinu externally from 2010, particularly on projects financed by SlovakAid: 2013-2017 school farm and clinic operation, 2014 – 2017 building of high boarding-school and its operation, from 2017 realisation of Fish farm project

Education is only worth its application, which is why **Anglo-American University's Career Center** strives to help student connect with various partners in Prague to provide them with practical experiences. AAU believes such opportunities help empower students to be responsible global citizens through enabling them to understand how their education and skills fit in an applied, global context. Centrum Narovinu has been one of these important partners to AAU and the AAU Community. Since 2016, Centrum Narovinu has provided nearly a dozen internships to their international students, mostly from their Humanities and International Relations faculties. Students have had the opportunities to help with content creation, research and communication outreach.



"I have been working for Anglo-American University's Career Center for exactly one year now, and it is absolutely the highlight of my job to see students leverage their potential in organizations which share similar missions and values with them. Such was the case about a month ago when I attended the event "A Night In Kenya - Charity event for Island of Hope" which was spearheaded by our student with Centrum Narovinu. I was really impressed by what a fun and impactful evening it was."

Elizabeth Novacek, AAU Career Development Specialist

Interesting extra payment for end of the studies



We knew that Phanice (40926) will finish her studies at the end of 2018 and will have her graduation ceremony in December. In November 2018 her adoptive parent sent Phanice an extra payment so she can use part of it for her graduation party and also for starting her new job. Phanice successfully graduated from her bachelor program (Molecular and cell biology). Thanks to her adoptive parent, she had very nice party and is now looking for new job.

Health insurance helps the children

Emmaculate (40648) has been complaining about ear pain for over 5 years. Luckily, her adoptive mum covers her health insurance. She has been recently diagnosed with sensorineural loss of hearing in both ears and advised to wear hearing aid. They also recommended her to register herself as person with health handicap with local authorities. Because of the covered health insurance, our office in Kenya was able to purchase the hearing aids for her. Emmaculate also transferred to our second school on Island of Hope. She will get better care there and will be able to attend the clinic in our community center.



It is still possible to cover the health insurance for adopted children before July 22nd.

Club of Friends of Adoption

During the first trimester 2019 (until May 1st, 2019) we have been able to support 55 children that lost support of their adoptive parent. It was possible because of the money from the Friends of Adoption Club account where people send regular as well as irregular payments (variable symbol 800) and where we also 'collect' the overpayments that have been given to us by adoptive parents whose children finished their school. The total amount was 254.547,- Kč. We would like to thank you very much for the amounts sent to the Friends of Adoption Club account. Because of it, these children did not have to drop school and can continue their studies.

Hana Jodasová

Today, we would like to introduce to you Mitchellle (41760) and Bertha (52792).

Mitchelle Munyanya (41760) is in our adoption program since January 2008. She had adoptive parent who covered her tuition fees until the end of second term of 2019. Unfortunately, she does not have any Sponsor after that. Mitchellle is very talented girl – her main grade is B which means very good study results. Therefore, we are trying to find a new adoptive parent for her so she can continue her studies. She just graduated from secondary school and is waiting for her acceptance to the next level. If you would like to support this girl, please reach out to her coordinator Bohunka Dusíková at 737 862 145 (telephone) or bohunka.dusikova@adopceafrika.cz



Bertha Achieng Odera (52792) is 28 years old student of secondary school and at the same time mom of 2 children – Jude (2011) and Patricia (2007). Bertha got pregnant in 2006 during her secondary school studies and had to leave the school before finishing it. She was living in unhappy marriage and she was fully dependent on her husband. She wished no girl would have to follow her path. Bertha is now divorced and the children are with her husband. She can see them only during the holidays which is very hard for her.



In 2018, she decided to go back to school to become independent on others. She wants to become a doctor, therefore she wants to have the best school results. Once she finishes her studies and is able to earn enough money, she wants to gain again the custody of her daughters. Bertha wants to be an example for other girls in local communities and to show them that education is very important. At the same time she wants them to realize that if they want, they can make their dreams come true. She believes it is not too late to finish secondary school even at her age. Her friend was paying for her studies, but he got sick. Bertha is afraid she will again have to quit the school. She is now in her 2nd year of secondary school in community center of Island of Hope Humanist School. She needs support of 5.600 Kč/220 EUR per school trimester. She would like to finish her secondary school education and become independent.

Our holiday and visit of my children in Kenya



My friend Pavel decided to fulfil my dream and give me the most beautiful birthday gift—that is a holiday in Kenya. This allowed me to visit 6 Kenyan children (out of a total of 9) who I was supporting through the Narovinu Centre. With this article I would like to thank my friend once again for being able to visit my beloved children, their families and schools, as well as the amazing Kenyan coordinators. He has fulfilled not only my dream, but also the children's dream because they had long wished for our meeting too.

Finally, on March the 12th this year, we travelled to Mombasa as tourists with a travel agency. There we stayed at a beach resort (about 130 km from Mombasa), where we spent 6 days relaxing on white beaches by the Indian Ocean. After the rest, we flew from Mombasa to Nairobi. Peter was waiting for us at the Nairobi airport; he was a friendly and very nice coordinator, a driver, a guide as well as being a friend to us whilst travelling to see my children. We stayed at the Shalom Hotel in Nairobi, which was the same place as the Nairobi office that we had originally visited and met the girls who provided everything about the adoptive children.

The following day, Mary M Benjamin, a superb coordinator, and Kennedy Okongo's very helpful director, welcomed us. Before going to Gakinda (about 100 km from Nairobi) to see my boy Ayub, we made a plan for the trip ahead. One of my adoptive girls, Helen, was studying at the boarding high school. In Kenya, most of the students in schools are not released unless there are holidays. Therefore, Dana Femina asked Kennedy about an exception to this rule and he agreed to the visit of Helen at her school on the way to Ayub. Meeting Helen was remarkable! We had to wait for her at the school headmaster's office and when Helen came in, she hugged me and immediately wept with joy as well as doing the same with her mother, who was present too. Mum and Helen were both very kind, sensitive and so cordial! Helen cried and thanked her for the support of her education and showing that I really do not deserve so much from her! Helen then showed us a class where she and 56 other girls studied together. I am very proud of Helen, because she is the best student in her class, which was confirmed by the rather

strict director of the school there. "She's a girl with great potential!", she said.

Then, we went to Gakinda to see my Ayub, who was very taken aback in the class! The boy knew we were going to visit him, but he didn't know exactly when and where. So, he was even more surprised when we saw him! In the school garden, the director and then Ayub's class teacher welcomed us very warmly. When Ayub saw us, he recognized us immediately. He was looking at us in total astonishment and at the same time with a happy, shy smile. When the teacher allowed him to come to us, he came and greeted us with a huge hug. We took the boy home from school, where Ayuba's mother (a widow with 4 children) was waiting impatiently for us. Then, they invited us home where we had a very good lunch (chicken, potatoes, vegetables, ugali, chapati, many fruits, bottled water, cola, fanta etc.). All of this was prepared for us by his mother together with the other women from the village. The whole village took part in the preparations; everyone gave something so that Ayuba's mother could serve us this way. She couldn't afford such a feast by herself. The countryside is so beautiful in Kenya. It is good to see that there is still a community way of life there.

The family lives in a two-room wooden house. The roof is only made of wood-loaded sails. We were in the dry season in Kenya and I don't know how much a roof performs its function when heavy rains come. Only few of us can really imagine having a wet bed because it rains outside. By visiting my Ayuba, his very cordial mum and the other women of the neighbourhood, we could see with our own eyes that our support is very much needed there!



We took many photos with the boy and his mum and gave them gifts. In return, I got a handmade bag, some fruit and we even almost brought a live hen back to Nairobi! In the evening we arrived happy, pleasantly tired and certainly fulfilled in encountering these really warm experiences with our meeting of children back at the hotel in Nairobi. We were therefore eagerly looking forward to the next morning, as there would be a visit from my other adoptive boy, Nicholas, in Nairobi-Kibera.

Sandra Šustová, March 2019

You can find the full article describing visits to other children on our website www.adopceafrika.cz

References from school events... Thanks to all involved schools for kind meetings and we are looking forward to further cooperation

Summary of project day organized with cooperation of organisation Centrum Narovinu



Project day passed in friendly atmosphere. Pupils were interested and all were involved in particular activities (art work of ideas about Africa, african cloths theme workshop, paper bead production, singing of Jambo



Kenya song, watching of document about life of Kenyan children).

Practices were chosen accordingly to children age. Also the main message – children adoption from Kenya – has high benefit for next education of pupils. The cooperation

with Centrum Narovinu helped us to get new knowledge and fulfill part of our multicultural educational plan.

We wish many successes to Centrum Narovinu in their beneficial work.

In Lísek, 4. 6. 2019

Jiřina Kabrdová, basic school Lísek

We cooperate with Centrum Narovinu already 2 years, when we entered partnership program Czech and Kenyan schools. Our cooperation rests in correspondation of our pupils with school from Ostrov Naděje. Pupils creates not only letters but also simple educational tools. We did also a videochat with children from Ostrov Naděje during the program.



Our school is also involved in discussions which help us understand the life in Kenya and introduce us culture differences. As we are fair trade school, we are close to development countries problematic. We organize few fair trade evens during the year. We offer there products from Fair trade shop of Centrum Narovinu. We like the cooperatioon with Centrum Narovinu and we appreciate very accomodating approach.

Our pupils (particularly the youngest ones) enjoy the letters shared with friends in Kenya and they are going to continue in correspondence. Discussions have impact to pupils because they can see real life in Kenya in individual stories and we often continue to discuss the development countries topic also during further teaching.

In Vsetín, 7th May 2019

Mgr. Bc. Lucie Kováčová, basic school Vsetín – Sychrov

An event was done in two blocks, always with 3 classes. Pupils got to know about real life in Africa – in countryside and in suburban slum. They looked into an African school and into a life of one adopted child. The discussion about Africa brought them closer to Child Sponsorship project and also to avoid prejudice against people from different culture. Pupils realized where are going their money and how even small amount of money can change someone's life.



Very nice was also sale of products from Africa. As pupils as teachers liked the event. They got realistic idea about life inf Africa and about the project.

We are going to come back to the event in near future again in connection with our sponsorship of Moses.

In Mladá Boleslav, 5th April 2019

Mgr. Lenka Wenzelová, high school Mladá Boleslav